

Live Healthy America

Our challenges come with the supportive tools you need to plan, implement, promote and run an engaging wellness challenge.

Are you looking for a turn-key, population-based approach to organize a growing organization, engage employees, and develop a scalable model for launching new initiatives? Keep it simple and join hundreds of organizations throughout the country in one of our National Challenges.



January 23 - March 31, 2017

A team-centric challenge that encourages physical activity, weight loss and nutrition education for all fitness levels. This program is designed to promote positive changes leading toward a healthier lifestyle.

PROGRAM INCLUDES:

- Live Healthy t-shirt*
- Lifestyle magazine subscription
- Year-round tracker tab (track activity, nutrition, steps and weight)

DURATION: 10 WEEKS

COST: \$24.00 PER PARTICIPANT



June 5 - July 28, 2017

A team-based activity challenge that promotes a healthy and active lifestyle through hydration, meditation, donation, elimination, domination, alleviation, participation, and celebration.

PROGRAM INCLUDES:

- Year-round tracker tab (track activity, nutrition, steps and weight)

DURATION: 8 WEEKS

COST: \$12.00 PER PARTICIPANT



October 2 - November 10, 2017

An activity based challenge that encourages teams to get out from behind their desks and off the couch to participate in effective, low-impact physical activity. Participants track their steps, set goals and create healthy habits.

PROGRAM INCLUDES:

- Pedometer*
- Year-round tracker tab (track activity, nutrition, steps and weight)

DURATION: 6 WEEKS

COST: \$20.00 PER PARTICIPANT

*Program inclusions such as t-shirt and pedometer will be shipped in bulk to the designated team captain. Individual shipping is not an option.

KEY FEATURES TO MAKE YOUR LIFE EASIER



Challenges › Fun and engaging population-based programs for teams that promote healthy social and competitive action.



Communications › Use our standard marketing materials to inform participants about your programs and challenges before and during the promotion period.



Service & Support Teams › We assist you with progress reports, implementation tracking and key metric reporting. Participants can get help via phone, email or chat.



Wearable Device/Application Integration › Users can sync a variety of devices/applications to their profile so their data can be integrated.



Lifestyle Resources › Fuel your participants' success with innovative tools and resources, including personal plans, recipes and workout videos.



Reporting › Track engagement with reports on activity, completion files, synced devices, registration, challenges and satisfaction.

STANDARD MARKETING MATERIALS INCLUDED

- Coming soon poster
- Poster
- Registration/challenge overview flyer
- Weekly e-newsletters
- Recording reminders

CONTACT US TODAY!

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