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Sign up for Free Workplace Wellness Training

The Centers for Disease Control and Prevention (CDC) in collaboration with ASHLIN Management Group, is offering free workplace wellness training to Chicago and greater Illinois businesses and other employers through a new initiative called Work@Health™. Learn how to reduce health care costs and increase productivity. Participants will have access to professional trainers and expert coaches who will provide personalized assistance in getting your wellness program started and troubleshoot if any challenges arise in the process.

As a bonus, participants completing the training may be eligible for **up to \$5,000** to help start or augment a workplace wellness program and receive a workplace wellness gold seal certification from CDC.

Space is limited. So sign up now for a seat in the one-day training that will take place in Chicago, IL. Training will occur on Tuesday, May 27th or Wednesday, May 28th, 2014. This program is open to businesses with 20 or more employees across all industries. Don't miss out on this exciting opportunity to reduce health care costs and increase productivity.

Apply to Work@Health™ by visiting <http://www.cdc.gov/workathealth/employer-training.html> or contact Hugh Bailey at workathealth@ashlininc.com. Once you register, the Work@Health™ team will provide you with detailed information about specific location and times.